


INTRINSIC (SELF) MOTIVATION

(One day workshop)



- **Self evaluation to boost self-esteem**
- **Attitude repair and thought correction.**
- **Breaking self-limiting belief to unleash our potential.**
- **Programming our subconscious mind to achieve.**
- **Motivating ourselves (Do's and Don'ts)**
- **Self Discipline**
- **Accepting change**
- **Bring our whole self to the job**
- **Be assertive, proactive and action oriented**
- **Ownership, Dedication, Deadlines and Commitment**

Facilitator: Mr.S.Dharmalingam Since 2006 trained thousands of people from companies like Hyundai, Salcomp, Apollo Tyre, MRF Tyre, Asian Paints, Igarashi Motors, Gates Unitta, Turbo Energy Limited, Sundram Fasteners, Sundram Brake Lining, Greaves Cotton, Wonjin Autoparts, Sodecia, Convenio Food, Nokia, TVS Rubber, L&T, ATV Manufacturing, MATE, Shanmuga Precision Forging, Scigenics, UCAL, SFA Tech. Creations, Srinivas Fine Arts, Rose Flower Papers Sivakasi, S&T Engineers, Coimbatore, Ampo Valves, Perfect Engineers, Vasantha Advance Systems, etc. Educational institutions like IRT, Sri Ramakrishna Polytechnic, DMI College of Engineering, SSK Coimbatore, Dr.MGR University, Sardar Raja Engineering College, Tirunelveli, ES College of Engineering Villupuram, Indian Public School, Doha, Qatar, etc.

This one day in-house workshop can be conducted at your premises in batches of 20 to 25 participants @ Rs.10,000/- per day (includes transportation charges). Please contact us for further details – Mobile – +9841056077 or quantumleapacad@gmail.com